



**St. Andrews Education Foundation's**  
(An ISO 9001:2015 Certified Minority Institution)

# **St. Andrews College of Physiotherapy**

(Christian Minority Institution)

Affiliated to Maharashtra University of Health Sciences, Nashik and

Recognized by Maharashtra State Council for Occupational Therapy & Physiotherapy, Mumbai

## **THYROID AWARENESS MONTH 2025**

**24<sup>th</sup> JANUARY 2025**

Thyroid awareness month is observed in the month of January of every year with an agenda of spreading awareness regarding various thyroid conditions and its effects on individuals. Despite its significant functions, thyroid disorders often go undiagnosed due to a lack of awareness and understanding. Thyroid Awareness Month is an opportunity to shine a light on these issues, educate the public, and encourage proactive health management. For the same, this year Thyroid awareness month was celebrated by Cardiovascular & Respiratory department of St. Andrews college of Physiotherapy.

An awareness flyer making competition was organised for the students. Event was conducted at 4PM in 4<sup>th</sup> BPTTh classroom. Students were asked to prepare flyers on the topic of "Effects of Thyroid disorders on various systems & Benefits of Physiotherapy treatment on Thyroid disorders". The presentation of the same was carried out on 24<sup>th</sup> January 2024. Students of 3<sup>rd</sup> and 4<sup>th</sup> year BPTTh participated for the same. Students were divided into 5 groups and they presented their respective flyers. Prof. Venkatesan R. and Dr. Deepshikha Trivedi judged the event. Judging of the flyer was done on the basis of content quality, creativity & visual appeal, clarity & readability, presentation skills and judges question and answers. Among 5 flyers, one flyer was selected and awarded as winning flyer by the judges. The event concluded at 5PM.

**PHOTOGRAPHS:**



**Principal**  
St. Andrews College of Physiotherapy  
Pune, Maharashtra