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# St. Andrews College of Physiotherapy

(Christian Minority Institution)

Affiliated to Maharashtra University of Health Sciences, Nashik and

Recognized by Maharashtra State Council for Occupational Therapy & Physiotherapy, Mumbai

## GUEST LECTURE

06<sup>th</sup> MAY 2025

The Department of Musculoskeletal Physiotherapy organized an insightful guest lecture on "Scope of Physiotherapy Beyond Conventional Borders" on 6<sup>th</sup> May 2025. The session aimed to expose students and faculty to the evolving roles and emerging domains within the physiotherapy profession beyond traditional clinical practice.

The esteemed guest speaker for the session was Dr. Sumanta Ghosh, Chief Respiratory Physiotherapist, HealthSpecifics. With a wealth of experience in both clinical and non-clinical spheres of physiotherapy, the speaker offered a comprehensive overview of the vast opportunities available in the field today.

### Key Highlights of the Lecture:

- **Expanding Roles of Physiotherapists:** The speaker emphasized the shift from purely musculoskeletal rehabilitation to broader domains such as community health, sports performance optimization, occupational health, women's health, geriatrics, and palliative care.
- **Non-Conventional Settings:** Physiotherapists are increasingly finding roles in corporate wellness programs, telehealth and virtual rehab, fitness and ergonomics consultancy, disaster management, and rehabilitation research.
- **Global Opportunities:** With rising demand in countries like Canada, Australia, the UK, and the Middle East, the speaker highlighted the international career prospects for physiotherapy professionals, provided they are equipped with global certifications and cultural competence.
- **Interdisciplinary Collaboration:** The lecture stressed the importance of collaborative practice with other healthcare professionals, especially in mental health, neurodevelopmental care, and chronic pain management.
- **Entrepreneurship and Innovation:** The session also shed light on avenues for physiotherapists in health tech startups, rehabilitation equipment design, and clinical practice management.

Following the lecture, an interactive Q&A session was held, where students actively participated and posed thoughtful questions regarding career planning, specialization, and upskilling. The speaker encouraged students to embrace lifelong learning, evidence-based practice, and adaptability in this rapidly evolving field.

The lecture was a great success and left the audience with a renewed sense of purpose and inspiration. It broadened the understanding of physiotherapy as a dynamic and diverse profession with opportunities far beyond traditional clinical borders.

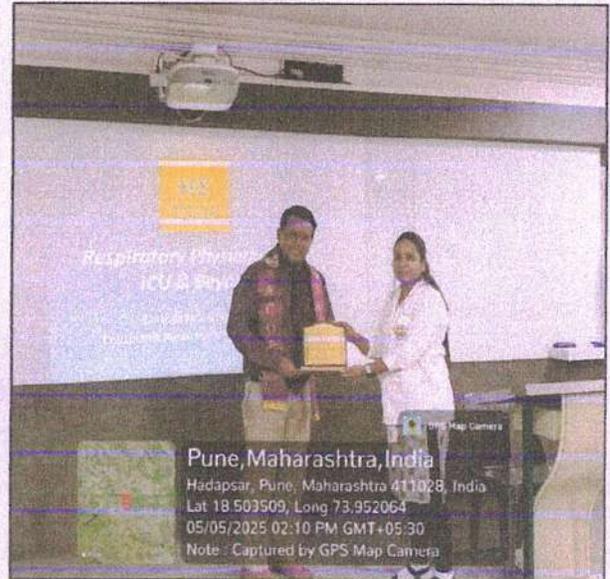
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